

# THE PHILOSOPHY THAT CAN CHANGE HOW YOU LOOK AT LIFE [B2 - C1]



Click for video

## OBJECTIVE

### 1. Key Words

60 min

### 2. Video

15 min

### 3. PONS

15 min



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<https://www.up.ac.za/centre-for-the-advancement-of-scholarship/article/1929450/prof-james-ogude>



<https://www.bbc.com/reel/video/p0bqvs1f/the-philosophy-that-can-change-how-you-look-at-life>

# INSTRUCTIONS

## KEY WORDS

Read Key words and write your own simple definition or explanation in English in the block

## VIDEO

Watch the video and try to see if you can identify the KEY WORDS and understand the context of the sentence. Try to see if you understand the context of all sentences and note new words or expressions underneath the key words section.

## PONS

Copy and paste new English words into PONS and see the many different ways it can be used.

ALSO, listen to the British and American pronunciation by clicking on the speaker

 eat

 British English

 American English



<https://en.pons.com/translate>



**ENGLISH DAVE**  
BREAK A BARRIER

## SHORTCUTS

Verb = V

Adverb – ADV

Noun = N

Adjective = ADJ

PAST (P)

PRESENT (PRES)

FUTURE (F)

CONTINUOUS (Cont)

PERFECT (Per)

## KEY WORDS

#	ENGLISH	WORD TYPE <i>See options above</i>	TENSE <i>See picture below</i>	Easier SYNONYM	POLISH	DEFINITION <i>A. write a small definition that you can use in case you forget the word</i> <i>B. write a sentence with the word</i>
1	peering	Verb (V)	Present Continuous (Cont)	Look	zajrzeć	A) When you are looking at something B) I am peering or looking at my beautiful wife every day
2	reside	V	Present	Live	zamieszkać	A) When you live somewhere B) I reside or live in Lodz
3	banished					
4	ubuntu					
5	relevant					
6	phrase					
7	interdependence					
8	rely on					
9	encapsulates					
10	moral ideals					
11	underscores					
12	communal existence					
13	social awareness					
14	consciousness					
15	the vulnerable					
16	totality					
17	moral obligation					
18	extended					
19	natural beings					
20	food crops					
21	cross pollination					
22	implies					
23	recognition					

24	interdependent					
25	biodiversity					
26	encourages					
27	personhood					
28	implicated					
29	differentiates					
30	thrives					
31	individualism					
32	fundamental basic human rights					
33	owes					
34	distinction					
35	individuality					
36	contrary					
37	self-referential					
38	temper					
39	moderate					
40	broader					
41	peers					
42	missionary					
43	profound					
44	indigenous					
45	value					
46	re-imagine					
47	value system					
48	mutuality					
49	conviviality					
50	transition					
51	co-exist					
52	harmony					
53	emergence					
54	re-emergence					
55	repressive past					
56	democratic dispensation					

57	reconstitute					
58	popularised					
59	came up (with)					
60	dig					
61	redress					
62	restorative justice					
63	healing					
64	manifest					
65	rituals					
66	recognising					
67	recognition					
68	fundamental					
69	useless					
70	empathise					
71	degraded					
72	fascinating					
73	feeds					
74	source of life					
75	summarise					

## The 12 Verb Tenses

	Past	Present	Future
Simple	<p>I <b>ate</b> pizza yesterday.</p> <p>S + V<sub>2</sub> + O</p>	<p>I <b>eat</b> pizza everyday.</p> <p>S + V<sub>1</sub> + O</p>	<p>I <b>will eat</b> pizza tomorrow.</p> <p>S + 'will' + V + O</p>
Continuous	<p>I <b>was eating</b> pizza when you arrived.</p> <p>S + 'was/were' + (V+ing) + O</p>	<p>I <b>am eating</b> pizza right now.</p> <p>S + 'am/is/are' + (V+ing) + O</p>	<p>I <b>will be eating</b> pizza when you arrive.</p> <p>S + 'will be' + (V+ing) + O</p>
Perfect	<p>I <b>had eaten</b> all of the pizza when you arrived.</p> <p>S + 'had' + V<sub>3</sub> + O</p>	<p>I <b>have eaten</b> all of the pizza.</p> <p>S + 'have/has' + V<sub>3</sub> + O</p>	<p>I <b>will have eaten</b> all of the pizza by the time you arrive.</p> <p>S + 'will have' + V<sub>3</sub> + O</p>
Perfect Continuous	<p>I <b>had been eating</b> pizza for 2 hours when you arrived.</p> <p>S + 'had been' + (V+ing) + O</p>	<p>I <b>have been eating</b> pizza for 2 hours.</p> <p>S + 'have/has been' + (V+ing) + O</p>	<p>I <b>will have been eating</b> pizza for 2 hours when you arrive.</p> <p>S + 'will have been' + (V+ing) + O</p>

**Legend:** S = Subject    O = Object    V = Verb (V<sub>1</sub> = present / V<sub>2</sub> = past / V<sub>3</sub> = past participle)