

Agreeing & Disagreeing Workshop

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**English
Dave.pl**

Break the Barrier

Abstract

This workshop will assist participants with agreeing and disagreeing assertively in the workplace by discussing assertiveness and analyzing target sentences and phrases.

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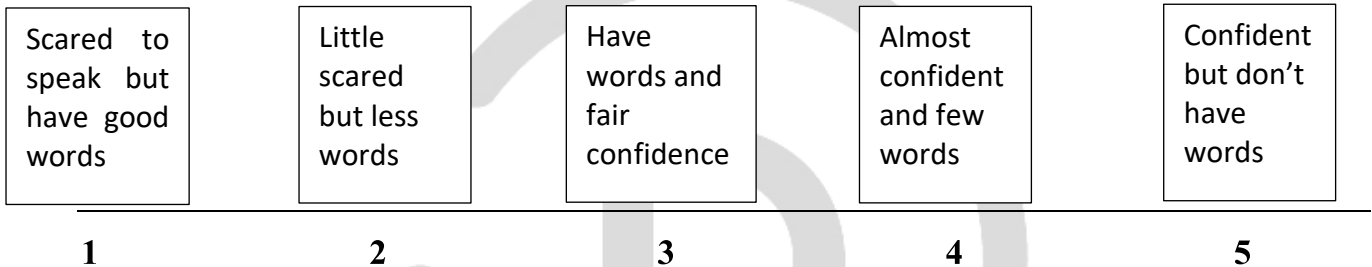
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1. INTRODUCTION

It is inevitable that you will need to disagree with someone at work – even your bosses and / or clients. How would you do it in a professional manner? What are the words or sentences that makes your strong statements professional? What intonation of your voice is needed? What does it mean to be assertive in comparison to passive or aggressive?

How can you stay true to yourself and not feel unprofessional?

A. Where are you on the spectrum?



B. Are there any scenarios that are more difficult than other?

C. Are you the type that will start well but then get lost and unable to respond?

D. What is the purpose of an argument? To get the other person to agree with you or to find a solution to a common goal?

E. How to argue when you are dealing with a toxic narcissistic asshole or bitch?

WHAT IS A NARCISSIST?



A **narcissist** is a person who has an excessive admiration for oneself and a great need for attention and admiration from others.

They are characterized by having high self-esteem and believing themselves to be superior to others.

They tend to constantly seek approval and recognition from others and may display egocentric and arrogant behavior.

Additionally, they often have difficulty empathizing with others and tend to exploit people for their own benefit.

Narcissism can negatively affect interpersonal relationships and cause problems in social interactions.

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WORKSHEETS
PLANET

<https://www.worksheetsplanet.com/what-is-a-narcissist/>

2. TYPES OF COMMUNICATION



SELF HELP TOONS
<https://www.youtube.com/watch?v=TQ33fPD7ntA>

DEAR MAN

DEAR

Describe Last night you criticized me in front of our friends

Express When you criticize me in front of other people *I feel* embarrassed and hurt

Assert If you have a complaint *I'd like* you to bring it up with me in private

Reinforce And then I'll be happy to discuss it with you

Describe
Express
Assert
Reinforce
(Stay) Mindful
Appear Confident
Negotiate

3. TARGET SENTENCES

CHAT GPT PROMPT:

➤ *I will be in a business meeting. Give me 5 professional sentences when I want to agree with someone's statement, Give me 5 professional sentences when I want to disagree with someone's statement, Give me 5 professional sentences when I semi agree with someone's statement, Give me 5 professional sentences when I semi disagree with someone's statement.*



3.1. AGREEING

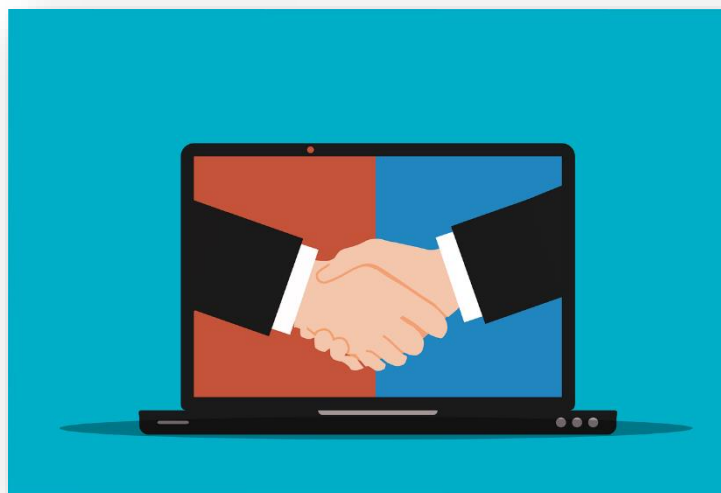
3.1.1. I completely agree with your **perspective** (*idea / opinion/ thought./ suggestion*) , and I believe it aligns well with our overarching goals.

3.1.2. Your insights are spot-on, and I share the same **thoughts** (*feelings / sentiments / perspective*) regarding the proposed approach.

3.1.3. I **concur** (*agree*) with your assessment, and I see great merit in moving forward with the strategy you've outlined.

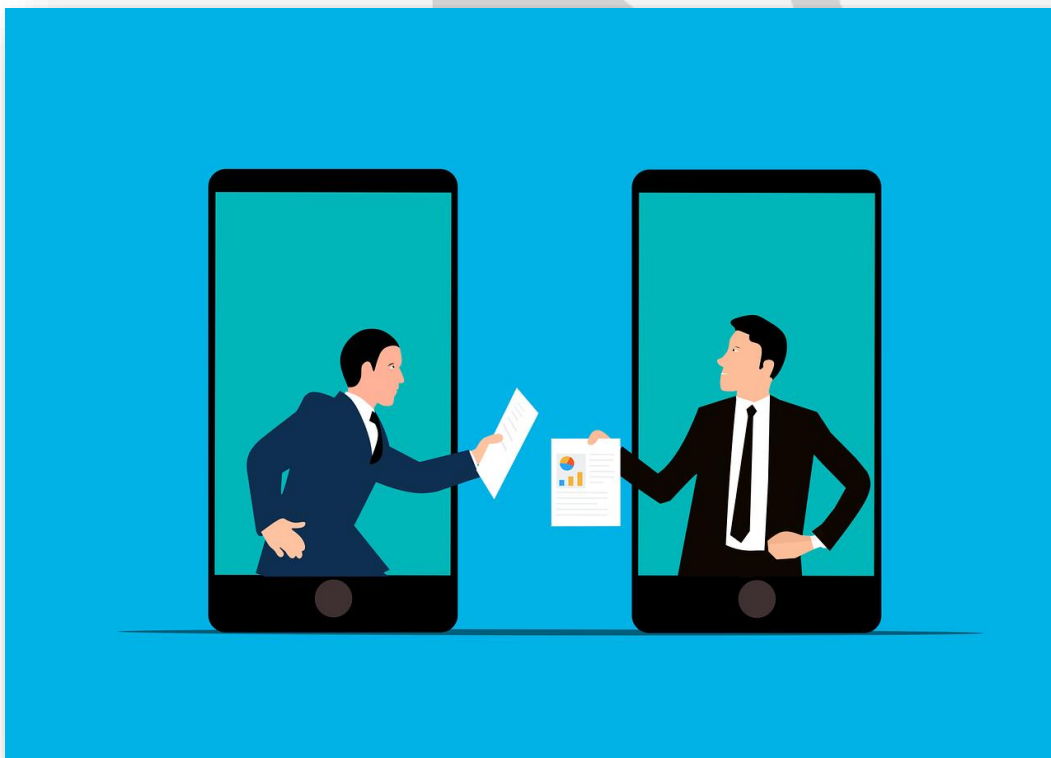
3.1.4. I fully support your viewpoint, and I believe embracing this direction will contribute positively to our objectives.

3.1.5. Your analysis resonates with me, and I am in favour of proceeding in the manner you've suggested.



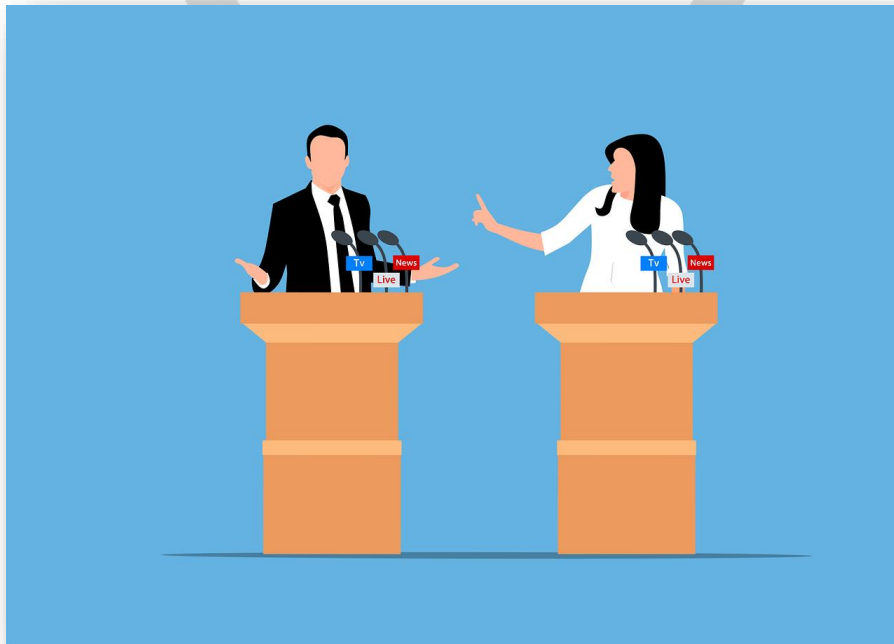
3.2. SEMI AGREEING

- 3.2.1. I see the value in aspects of your proposal and would like to explore ways to integrate those into our current strategy.
- 3.2.2. While I partially agree with your stance, I think a hybrid approach that combines our ideas could be beneficial.
- 3.2.3. I agree with certain aspects of your argument and would like to delve deeper into those areas to find common ground.
- 3.2.4. I appreciate your perspective, and there are elements of it that I find compelling and worth further consideration.
- 3.2.5. I agree to some extent, but I also believe we should examine additional options before finalizing our decision.



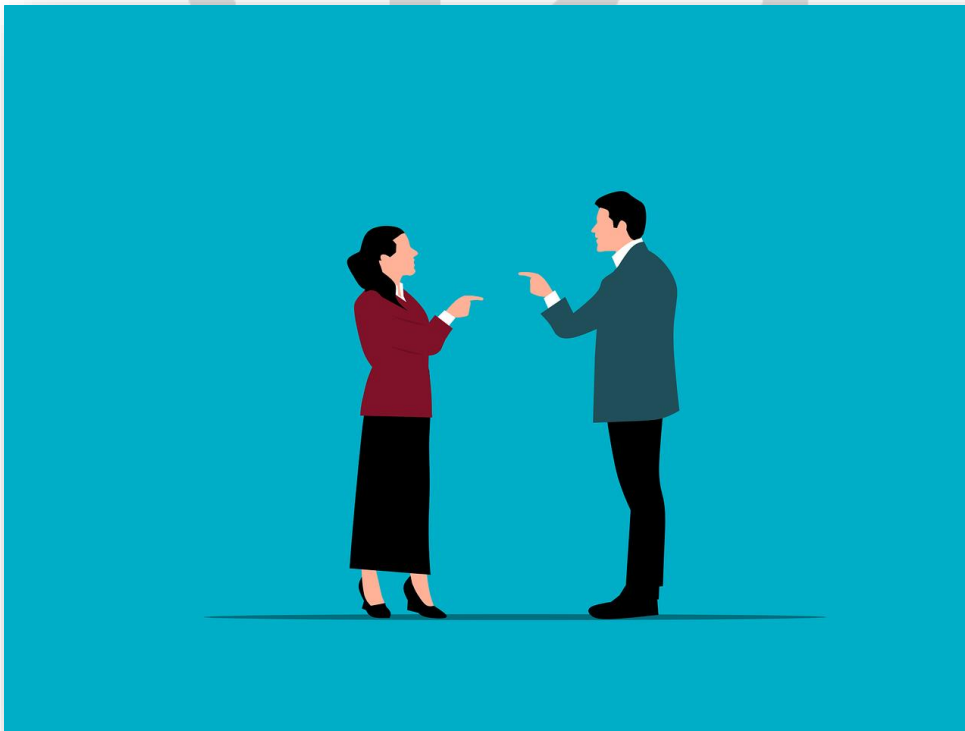
3.3. SEMI DISAGREEING

- 3.3.1. While I agree with some aspects of your proposal, I think we should carefully assess potential drawbacks before proceeding.
- 3.3.2. I understand your viewpoint, but I have reservations about certain aspects that may warrant further discussion.
- 3.3.3. I partially disagree, as I believe there are nuances that we need to address before committing to this approach.
- 3.3.4. I appreciate your input, but I am inclined to explore alternatives due to concerns about the long-term implications.
- 3.3.5. While I see the merit in parts of your argument, I think we need to strike a balance that considers various perspectives and potential challenges.



3.4. DISAGREEING

- 3.4.1. While I respect your viewpoint, I must express my reservations as I see potential challenges with the proposed course of action.
- 3.4.2. I appreciate your input, but I have a differing opinion on the most effective way to address this issue.
- 3.4.3. I respectfully disagree with your assessment, as I believe an alternative approach may yield better results.
- 3.4.4. I understand your perspective, but I have concerns about the feasibility of implementing the suggested solution.
- 3.4.5. I acknowledge your point, but I hold a different view on how we should navigate this particular challenge.



4. ASSERTIVENESS MYHS

What are some common untruths people tell themselves when presented with an opportunity for discourse?

SELF HELP TOONS

<https://www.youtube.com/watch?v=TQ33fPD7ntA>

Assertiveness Myths

I don't really deserve to get what I want or need
If I ask someone for something it'll show that I'm weak
I have to know someone will say yes before I ask
If I ask for something or say no, I can't stand it if someone gets upset with me
If they say no it'll kill me
Making requests is really pushy and rude
Saying no to something is selfish
The problem is just in my head
If I don't have what I want or need, it doesn't matter



5. PERSONAL BILL OF RIGHTS

The US has a bill of rights which is like their constitution. This play on words is for your own constitution:

SELF HELP TOONS

<https://www.youtube.com/watch?v=TQ33fPD7ntA>

Personal Bill of Rights

I have the right to not give excuses or reasons for my behavior

I have the right to my own needs for personal space and time

I have the right to be in a non-abusive environment

I have the right to have my needs and wants respected by others

I have the right to be treated with dignity and respect

I have the right to be happy



6. ROLE PLAY

6.1. Implementing Blockchain Technology in Supply Chain Management

Implementing blockchain technology in supply chain management has gained significant attention due to its potential to revolutionize traditional supply chain processes. Blockchain is essentially a decentralized digital ledger that records transactions across multiple computers in a way that is transparent, immutable, and secure. Here's why it's a good idea:



- a) Transparency and Traceability
- b) Reduced Fraud and Counterfeiting
- c) Efficiency and Cost Savings
- d) Improved Collaboration and Trust
- e) Compliance and Sustainability

6.2. Transitioning to Cloud Computing Services

Transitioning to cloud computing services offers numerous benefits for businesses across various industries. Here's why it's a good idea:



- a) Scalability and Flexibility
- b) Cost Savings
- c) Enhanced Collaboration and Accessibility
- d) Improved Security and Reliability
- e) Innovation and Competitive Advantage

6.3. Adopting Artificial Intelligence for Customer Service

Adopting artificial intelligence (AI) for customer service offers a plethora of advantages that can significantly enhance the customer experience and streamline business operations. Here's why it's a good idea:

- a) 24/7 Availability
- b) Instant Responses
- c) Scalability
- d) Personalization
- e) Efficiency and Cost Savings
- f) Consistency
- g) Data Analysis and Insights
- h) Multichannel Support
- i) Scalable Training

6.4. Implementing Robotic Process Automation (RPA) in Finance Operations

Implementing Robotic Process Automation (RPA) in finance operations offers several benefits that can significantly improve efficiency, accuracy, and productivity. Here's why it's a good idea:



- a) Efficiency
- b) Cost Savings
- c) Accuracy and Compliance
- d) Scalability
- e) Faster Processing and Reporting
- f) Improved Customer Service
- g) Integration with Existing Systems

In summary, implementing Robotic Process Automation (RPA) in finance operations offers numerous benefits, including efficiency gains, cost savings, accuracy, compliance, scalability, faster processing, improved customer service, seamless integration, and adaptability. By leveraging RPA, organizations can streamline finance processes, increase productivity, and drive business growth in today's competitive landscape.

6.5. Integrating Internet of Things (IoT) Devices in Manufacturing Processes

Integrating Internet of Things (IoT) devices in manufacturing processes offers several advantages that can significantly improve efficiency, productivity, and competitiveness. Here's why it's a good idea:



- a) Real-Time Monitoring and Visibility
- b) Predictive Maintenance
- c) Optimized Production Processes
- d) Inventory Management and Supply Chain Optimization
- e) Enhanced Safety and Compliance
- f) Remote Monitoring and Control
- g) Data-Driven Decision-Making
- h) Customization and Personalization

In summary, integrating Internet of Things (IoT) devices in manufacturing processes offers numerous benefits, including real-time monitoring, predictive maintenance, optimized production processes, improved inventory management, enhanced safety and compliance, remote monitoring and control, data-driven decision-making, and customization. By leveraging IoT technology, manufacturers can enhance efficiency, productivity, and competitiveness in today's dynamic business environment.

7. ROLE PLAY: Examples

CHAT GPT PROMPT:

➤ *Please give me 5 business scenarios that I could have a technical debate on . I want to practice target sentences of agreeing, disagreeing, semi agreeing and semi disagreeing with students. However, I need some statements or sentences from you that could be used in a roleplay scenario in the class*



Sure, here are five business scenarios that could lead to technical debates in a classroom setting:

7.1. **Implementing Blockchain Technology in Supply Chain Management:**

<p>Agreeing: "I agree that blockchain technology can revolutionize supply chain management by increasing transparency and traceability, reducing fraud, and streamlining processes."</p>
<p>Disagreeing: "I disagree. While blockchain has potential benefits, its implementation in supply chains is complex and costly. It may not be suitable for all industries or supply chain models."</p>
<p>Semi agreeing: "I agree that blockchain offers significant advantages, but its implementation requires careful planning and investment. It might be more feasible for certain industries or specific supply chain segments."</p>
<p>Semi disagreeing: "I agree that blockchain has benefits, but I'm skeptical about its widespread adoption in supply chains. It could be useful for certain aspects like tracking high value goods, but not for every aspect of supply chain management."</p>

7.2. **Transitioning to Cloud Computing Services:**

Agreeing: "Absolutely. Cloud computing offers scalability, flexibility, and cost savings for businesses. Transitioning to cloud services can improve efficiency and competitiveness."

Disagreeing: "I disagree. While cloud computing has benefits, it also comes with security and privacy concerns. Depending entirely on cloud services could expose businesses to data breaches and regulatory issues."

Semi agreeing: "I agree that cloud computing offers many benefits, but security and privacy concerns are legitimate. Businesses need to carefully evaluate their needs and risks before transitioning entirely to the cloud."

Semi disagreeing: "I agree that cloud computing can be beneficial, but it's not suitable for every business. Some industries, like finance or healthcare, have strict regulatory requirements that might not align with cloud services."

7.3. **Adopting Artificial Intelligence for Customer Service:**

Agreeing: "Absolutely. AI powered customer service can enhance efficiency, provide 24/7 support, and personalize interactions, leading to higher customer satisfaction and loyalty."

Disagreeing: "I disagree. While AI can improve certain aspects of customer service, it lacks the empathy and human touch required for complex issues. Relying too much on AI could harm customer relationships."

Semi agreeing: "I agree that AI has the potential to improve customer service, especially for routine inquiries and tasks. However, human agents are still necessary for handling more complex issues and providing empathy."

Semi disagreeing: "I agree that AI can be useful in customer service, but it's not a one size fits all solution. Businesses need to strike a balance between AI automation and human interaction to deliver the best customer experience."

7.4. **Implementing Robotic Process Automation (RPA) in Finance Operations:**

Agreeing: "I agree that RPA can streamline repetitive tasks in finance operations, reducing errors and increasing efficiency. It frees up employees to focus on more strategic and value added activities."

Disagreeing: "I disagree. While RPA can automate routine tasks, it's not suitable for all processes. Complex tasks requiring judgment or human interaction may not be well suited for automation."

Semi agreeing: "I agree that RPA can be beneficial for certain tasks in finance operations, like data entry or reconciliation. However, its implementation requires careful consideration of process suitability and integration."

Semi disagreeing: "I agree that RPA has benefits, but I'm cautious about its implementation in finance operations. It's essential to assess whether the cost and effort of implementing RPA outweigh the benefits, especially for smaller tasks."

7.5. **Integrating Internet of Things (IoT) Devices in Manufacturing Processes:**

- Agreeing: "Absolutely. IoT devices can provide real-time monitoring, predictive maintenance, and process optimization in manufacturing. This leads to improved productivity, reduced downtime, and cost savings."

- Disagreeing: "I disagree. While IoT offers benefits, integrating IoT devices into manufacturing processes raises cybersecurity risks. Vulnerabilities in IoT devices could compromise sensitive data or disrupt operations."

- Semi-agreeing: "I agree that IoT can enhance manufacturing processes, but security concerns are valid. Implementing robust cybersecurity measures and regularly updating IoT systems are essential for mitigating risks."

- Semi-disagreeing: "I agree that IoT has potential benefits in manufacturing, but cybersecurity risks need to be addressed. It's crucial to implement proper security protocols and regularly assess vulnerabilities to minimize risks."

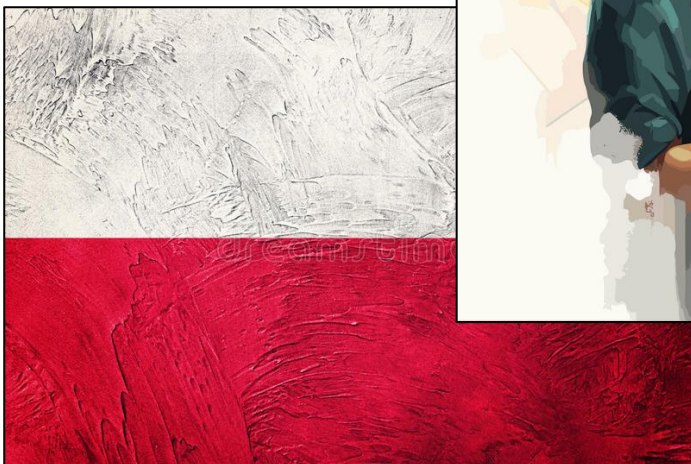
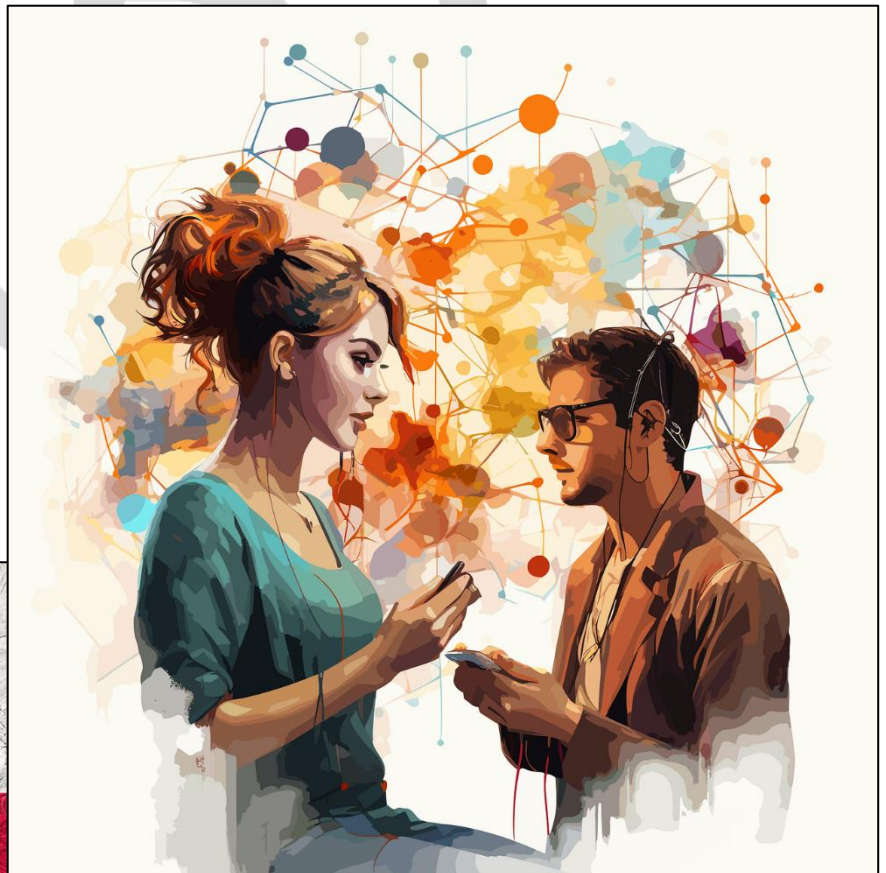


8. CLASS DISCUSSION

How has communism, poor education, lack of freedom and poverty influenced Poland's dialogue culture?



It means the ability for one person to share their opinion with another > the other one listens > processes what was said > thinks about their opinion > responds > the other person listens > processes > thinks about their opinion > responds > and so the loop continues until compromise is found peacefully through words?





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